LOOKING: TEN TIMES TWO

1. Look at the image quietly for at least 30 seconds. Let your eyes wander.

2. List 10 words or phrases about any aspect of the picture.

3. Repeat Steps 1 & 2: Look at the image again and try to add 10 more words or phrases to your list.

WHAT KIND OF THINKING DOES THIS ROUTINE ENCOURAGE? The routine helps students slow down and make careful, detailed observations by encouraging them to push beyond first impressions and obvious features.

WHEN AND WHERE CAN IT BE USED? The routine can be used with any kind visual art. You can also use non-art images or objects. The routine can be used on its own, or to deepen the observation step of another routine. It is especially useful before a writing activity because it helps students develop descriptive language.